

### **General Protocol Recommendations**

- Ensure the site of the treatment is clean. Brush thoroughly or clean with ivory soap and water.
- Clipping is not necessary but may be appropriate for some hairy horses.
- Sedation is almost never required for f-ESWT treatments with the CS-Pro VET.
- Always use plenty of ultrasound gel to ensure optimal energy transfer into the patient tissue.
- Conduct treatment every 7-14 days for a total of 3-4 treatments.
- The following protocols are recommendations and can be deviated from at veterinary discretion.

### Treatment on the Head and Neck

#### 1. Poll

Standoff: 20mm

EFD: 0.19

Shock Set: 3000

# 2. Cervical Spine and Myofascial Tension

Standoff: 30mm

EFD: 0.22

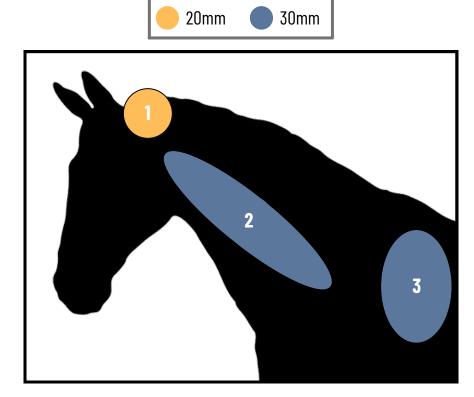
Shock Set: 3000

### 3. Scapular Region

Standoff: 30mm

EFD: 0.22

Shock Set: 3000



# **CS-Pro VET**

Equine Protocol Recommendation



# Treatment on Shoulders, Elbows and Lower Limbs

# 4. Triceps Region

Standoff: 30mm

EFD: 0.22

Shock Set: 3000

Note: Divide number of shocks

between target sites

### 5. Shoulder Joint + Biceps Region

Standoff: 30mm

EFD: 0.22

Shock Set: 1500 per site

Note: Palpate Greater Tubercle

#### 6. Elbow

Standoff: 20mm

EFD: 0.19

Shock Set: 3000

Note: Palpate Lateral Collateral

Ligament of the Elbow

### 7. Dorsal Aspect of the Carpus

Standoff: 5mm

EFD: 0.19

Shock Set: 1500

Note: Utilize non weight bearing position to target between joint

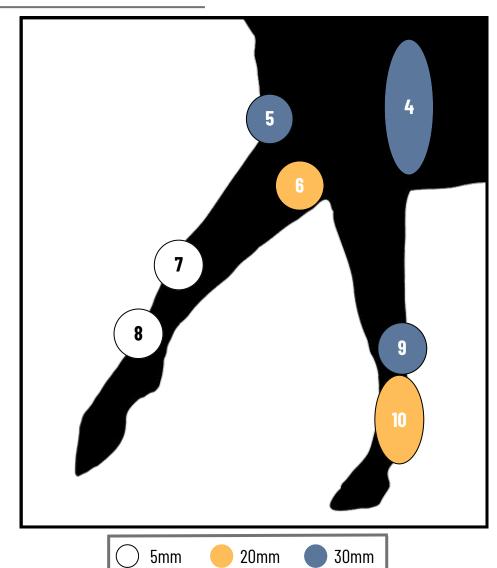
spaces

#### 8. Bucked Shins

Standoff: 5mm

EFD: 0.19

Shock Set: 2000



# 9. Proximal Suspensory Desmopathy

Standoff: 30mm

EFD: 0.22

Shock Set: 3000

Note: Utilize non weight

bearing position

# 10. Tendinopathy / Desmopathy of Palmar Metacarpus or Plantar Metatarsus

Standoff: 20mm

EFD: 0.15

Shock Set: 3000

Note: Standoff dependent on

injury depth

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### Treatment on Lower Limbs (continued)

### 11. Splints

Standoff: 10mm

EFD: 0.18

Shock Set: 2000 per site

# 13. Tendinopathy / Desmopathy of Palmar or Plantar Pastern

Standoff: 10mm

EFD: 0.18

Shock Set: 3000 total

#### 15. Hocks

Standoff: 30mm

EFD: 0.22

Shock Set: 3000 per site Note: Focus on sites of osseous proliferation

# 12. Suspensory Ligament Branches

Standoff: 5mm

EFD: 0.19

Shock Set: 3000 per branch

### 14. Caudal Aspect of the Foot

Standoff: 30mm

EFD: 0.22

Shock Set: 3000

Note: Push standoff into crevice

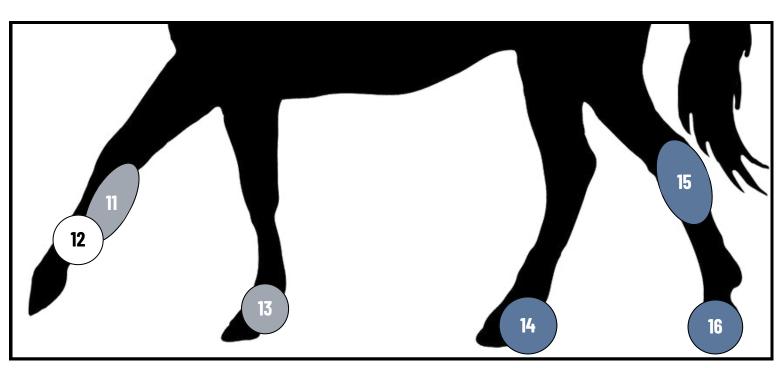
between the heel bulbs

#### 16. Coffin Joint

Standoff: 30mm

EFD: 0.14

Shock Set: 3000 total





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**Equine Protocol Recommendation** 



# Treatment on the Back, Hip and Stifle

#### 17. Thoracolumbar Pain

Standoff: 30mm

EFD: 0.22

Shock Set: 800-1500 per site

Note: Angle device 45 degrees

perpendicular to the muscle;

For kissing spine, treat both dorsally on midline and laterally angling from

off-midline on both sides of the

dorsal spinous processes

#### 18. Sacroiliac Disease

Standoff: 30mm

EFD: 0.22

Shock Set: At least 3000

per site

#### 19. Stifle

Standoff: 30mm

EFD: 0.22

Shock Set: 1500 per site

Note: Utilize non weight

bearing position

## 20. Caudal Proximal Hind

Limb

(soft tissue injuries + myofascial tension)

Standoff: 30mm

EFD: 0.22

Shock Set: 3000 - 4000

per muscle group

Note: Target where the

patient responds to pain



